

Training • Recovery • Rehabilitation

Physicians prescribe electrical muscle stimulation (EMS) for post-surgical rehab on a regular basis. EMS also has several applications in everyday Training, Recovery, and Rehabilitation.

After surgery, electric muscle stimulation with the ManaFlexx2 can provide greater contraction of a muscle compared to a normal voluntary contraction. Post-surgical rehabilitation goals are to improve ambulation, muscle reeducation, enhance range of motion, develop muscle strength, and control pain.



SPECIFICATIONS

- Power Voltage = 3volts
- Consumed current = 28 mA
- Output Frequency = 1-40 Hz
- Strength level adjustment – 10 sections
- HCPCS Code E0745

FEATURES & BENEFITS

- Creates a clean & complete muscle contraction
- Completely portable
- No wires or bulky devices
- Place it anywhere treatment is desired (physician prescribed)
- Reusable, simply replace pads and batteries
- Digital and rechargeable

INDICATIONS FOR USE

- Relaxation of muscle spasms
- Prevention or retardation of disuse atrophy
- Increasing local blood circulation
- Muscle re-education
- Immediate post-surgical stimulation of calf muscles to prevent venous thrombosis
- Maintaining or increasing range of motion



Insert battery into Controller and then snap Controller onto Pad.



Apply ManaFlexx2 to body as recommended by physician.



Turn on controller by pressing the "ON" icon on controller.



Increase intensity up to 10 levels by pressing the "ON" button. Intensity level indicated by the brightness of LED increasing.



Decrease intensity by pressing and releasing the "OFF" button. The device will cycle on for 10 seconds followed by cycling off for 10 seconds. After 20 minutes of use the device will automatically turn off.



Power off by pressing down on the "OFF" button for 5 seconds. Reference the User Manual for warnings and product specifications.



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